

# 30 MINUTE COVID-19 Prayer Guide

## PAUSE (3 MINUTES)

*Pray Psalm 46 aloud*

**Be Still** Breathe deeply, and welcome the Holy Spirit

## REJOICE (5 MINUTES)

*Pray Psalm 91 aloud*

## ASK (3 MINUTES PER TOPIC)

**Pray for the Containment of the Virus** Ask God to slow and halt the spread of the Covid 19 Coronavirus. Take a moment to pray for God's particular intervention in the nations most affected.

**Pray for the Ill and Isolated** Ask God to make His presence felt in solitude and to protect, strengthen and heal them.

**Pray for Protection of the Vulnerable** Write down the names of the people you know who are elderly or have an under-lying condition that may make them susceptible to the Coronavirus. Ask God to protect them from infection.

**Pray for Local and National Leaders** Ask God to give wisdom to national and local political leaders as they make decisions to protect people. Ask God to bring excellent advisers to guide them. Ask God to give them the ability to communicate clearly to the public.

**Pray for Health Professionals** Ask God to protect the health professionals (doctors, nurses, ambulance crews and more) caring for those affected by the virus. Ask God to give them peace, wisdom, to anoint them for their jobs and to protect them from infection.

## Pray for Those Affected in Other Ways from the Virus

There are many of people who will be indirectly affected by the coronavirus pandemic. Ask God to comfort those grieving the loss of loved ones, to provide for those in financial difficulty because they are unable to work, and for business leaders as they face such unprecedented disruption to life.

Pray the blessing of Numbers 6:24-26 over each group.

### Numbers 6:24-26

<sup>24</sup>The Lord bless you and keep you; <sup>25</sup>the Lord make his face to shine upon you and be gracious to you; <sup>26</sup>the Lord lift up his countenance upon you and give you peace.

**Be Still** Breathe deeply, thank God for His presence and release into His hands all you've prayed this past thirty minutes.

*Lord Jesus Christ, we ask you to protect us from the spread of the coronavirus. You are powerful and merciful; let this be our prayer.*

### Psalm 57:1

"Have mercy on me, my God, have mercy on me, for in you I take refuge. I will take refuge in the shadow of your wings until the disaster has passed."