

## Laurie's Prayer Plan

### **Week #1 – Praise & Thanksgiving**

*Sun – choose an attribute of God to focus on, find scriptures, meditate on ...*

*Mon – choose a role of God to focus on (ie. creator, sustainer, redeemer, Father, etc.)*

*Tues – focus on His presence with us ... as Father, Son, Spirit ...*

*Wed – focus on one or two promises of God*

*Thurs – Remembering all He's done ... in scripture ... in my own life ...*

*Fri. – focus on one or two of His gifts to me (ie. salvation, heaven, His Word, my family, abilities, etc.)*

*Sat. – His return ... focus on relevant scriptures, meditate on ...*

### **Week #2 – Daily categories**

*Sun – for immediate family*

*Mon – for extended family & friends*

*Tues – for Muslims (and the ministries I'm involved with) / for Israel*

*Wed – for HPBC*

*Thurs – for India*

*Fri – for Christians worldwide ... ministries, unity, persecution*

*Sat – for our country & gov't. ... and neighborhood*

### **Week #3 – Repent, Ask & Yield**

*Sun – for God to search me and convict me of sin, meditate on relevant scriptures*

*Mon – for watchfulness over my temptations*

*Tues – for fruits of the Spirit to develop within me (Gal 5:22-23) ... choose a different one each time*

*Wed – for God's promises to be fulfilled in me (ie. peace, wisdom, joy, perseverance, etc.)*

*Thurs – for God to conform me more & more into His image ... focus on relevant scriptures*

*Fri – to be used for God's purposes ... to edify Church, to witness to lost, to bring glory to God!*

*Sat – humility before God and others and to yield to Him and His will*

### **Week #4 – Daily categories**

*Repeat of week #2*

## Organizing My Daily Quiet Time

### **1. Bible reading / Praise**

20 minutes

*Follow Bible reading plan or some kind of Bible devotional ... read & meditate on passage*

### **2. Prayer Focus**

20 minutes

*Pray according to categories on previous page ...*

*I keep note cards to record prayer requests, Bible scriptures, attributes, promises, etc. on. I have on notecard for each day of weeks 1 & 3 and hold them together with a metal ring.*

*For weeks 2 & 4, each day has its own set of cards held together with a metal ring. I then list different people, ministries, topics, etc. on each card within that packet.*

### **3. Daily Prayers**

20 minutes

*5 minutes – short prayers for my immediate family, myself included*

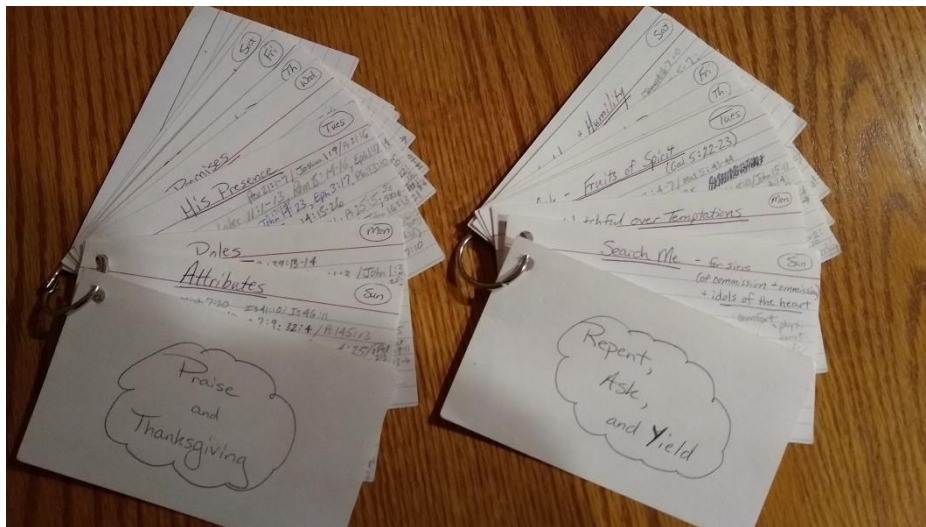
*5 minutes – ‘urgent prayers’ ... I keep a list a few situations, people etc. that I pray each day for ... these change as needs change*

*10 minutes – pray for missionaries ... use HPBC Intercessor and prayer letters*

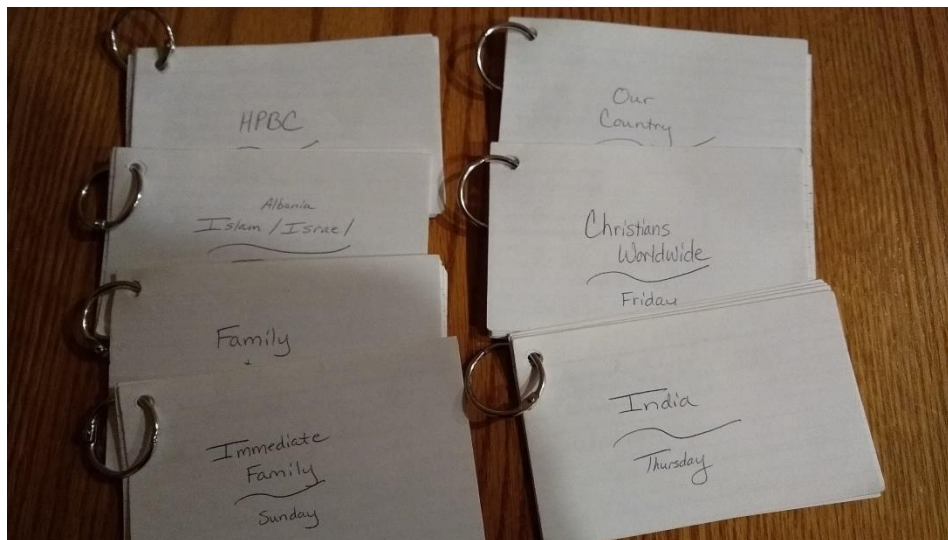
*\*\*Obviously, there is no one way that is right to organize your prayer time, but this is what I have found to be effective for me in balancing a focus between praying for others and the circumstances around us ... and also praying the things I know are God’s will. Maybe it will spur some ideas for you!*



***I keep all my packets of prayer cards in a zipper pouch ... a ziplock bag also works!***



***Above are the prayer packets I pray on weeks 1 & 3 ... focused on praying God's will.***



***Above are the packets I pray on weeks 2 & 4 ... focused on praying for others.***